

In New York City, one in four children under the age of 5 has a parent or caregiver with concerns about their development.\*



## ACT EARLY

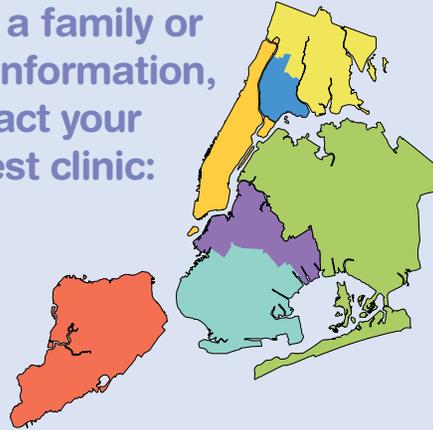


Identifying and addressing emotional and behavioral challenges early in life promotes lifelong healthy development and success.

The Early Childhood Mental Health Network is part of the ThriveNYC Social-Emotional Learning Initiative, managed by the New York City Health Department.

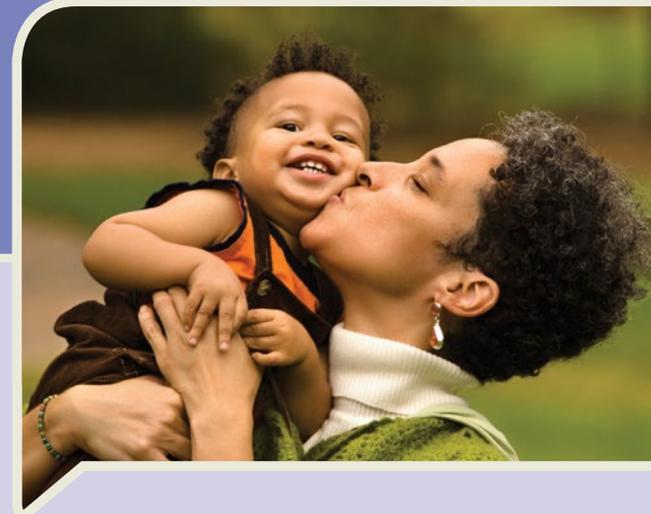
For more information, visit [thrivenyc.cityofnewyork.us](http://thrivenyc.cityofnewyork.us).

To refer a family or request information, contact your nearest clinic:



Serving	Organization
<b>Bronx (North)</b>	<b>Phone: 844-663-2255 (844-ONE-CALL)</b> The Jewish Board of Family and Children's Services
<b>Bronx (South)</b>	<b>Phone: 929-288-4320</b> Association to Benefit Children
<b>Manhattan</b>	<b>Phone: 212-426-3400</b> Northside Center for Child Development
<b>Queens</b>	<b>Phone: 718-530-6892</b> The Child Center of New York
<b>Brooklyn (Northern and Eastern)</b>	<b>Phone: 844-663-2255 (844-ONE-CALL)</b> The Jewish Board of Family and Children's Services
<b>Brooklyn (Central and Southern)</b>	<b>Phone: 800-603-6435 (800-603-OHEL)</b> OHEL Children's Home and Family Services
<b>Staten Island</b>	<b>Phone: 718-448-9775, ext. 551</b> Staten Island Mental Health Society, a division of Richmond University Medical Center

# NYC Early Childhood Mental Health Network



Helping Young Children Thrive



\*New York City Department of Health and Mental Hygiene. Epiquery: NYC Interactive Health Data System — Child Health, Emotional Wellness and Development Survey 2015.

The **Early Childhood Mental Health Network** provides expert mental health services and supports for children from birth to age 5 and their families, as well as training opportunities for early childhood professionals.



### The network is made up of:

- Seven Early Childhood Therapeutic Centers that:
  - Are located across all five boroughs
  - Provide culturally sensitive services in several languages
  - Offer short wait times for appointments
  - Accept Medicaid and other types of insurance
- A citywide Training and Technical Assistance Center, which is a collaboration between the New York Center for Child Development and the McSilver Institute for Poverty Policy and Research at New York University.

## What an Early Childhood Therapeutic Center Offers

### Clinical services for children and families:

- Individual, family and group therapies for young children and their families
- Comprehensive assessment and care planning
- Parent education

### Family Peer Support services for parents and caregivers:

- Help advocating for their children's needs
- Emotional support
- Connection to community-based resources

### Consultation services\* for early care and education staff:

- Partnerships with teachers to develop classroom strategies to address the social-emotional needs of children
- Program-wide workshops and staff training

\*Provided at EarlyLearn centers

## What the Training and Technical Assistance Center Offers

The Training and Technical Assistance Center builds the skills of mental health professionals and other early childhood professionals to identify and address the social-emotional needs of children from birth to age 5 and their families through:

- Specialized training in evidence-based models and best practices
- Workshops about early childhood mental health and social-emotional development
- Learning forums and resource sharing

For more information, visit **TTACNY.org**.

