

NYC Early Childhood Mental Health **TTAC** Training and Technical Assistance Center

A COLLABORATION BETWEEN



TTAC Post Webinar Questions Answered:

Understanding Child Development: An Overview of Developmental Milestones Children ages 0 to 5

Questions & Answers:

- Where would you put executive function skills in? I have seen it lumped in to cognitive development or social-emotional, other times I have seen it as it's own developmental domain?

Executive function skills start to develop after birth and continues through the teens years into adulthood. It is a combination of social-emotional and cognitive development. We usually don't measure executive function in young children as it is not completely developed.

- I am a nurse care manager here at EH and I have a member's parent, who is looking for a Developmental Pediatrician, are you accepting new patients?

You can call the Children's Evaluation and Rehabilitation Center - Montefiore to request an appointment with a developmental pediatrician

- Why this lecture jumped some stages or developmental milestone? such as 15 months and 21 months?

Due to the limited time. The American Academy of Pediatrics recommends doing a formal developmental screenings at the age of 9, 18 and 24 or 30 months, so I tried to cover those stages with the time allowed for the lecture.

- Is it possible that some children aren't able to reach developmental milestones due to "benign " neglect, i.e. caregivers who are elderly or uneducated and see to the child being safe, fed, and clothed but offer little other stimulus or only offer ipad/tv?

Yes. Environmental stimulation is the key for brain development and neuron creating new connections..

- Is there a resource page where I can obtain milestone checklist?

Yes. The best resource that I can recommend is the CDC website. Hope you join me at the next webinar. I will be talking about the resources from the CDC Learn The sign Campaign.
<https://www.cdc.gov/ncbddd/actearly/index.html>

- My grandchild is 15 months old. The family speaks three languages. He understands and answers commands on the three languages. All the milestones were achieved. However, he speaks one word in one language, 4 other words in another language. What do you say about it?

Wow! That's amazing. Completely normal. Continue talking to him in the three languages. When he gets older and starts using short sentences to communicate he might mix the languages. This is also normal, though at this state encourage your family to pick one language (could be different for every sentence) and repeat the complete sentence in that language. This will help him understand the difference between the three languages.

- Is putting objects in mouth an important activity developmentally, or can it be discouraged because of germs?

0 to 18 months is the oral motor stage. Children explore by moving, crawling and walking around and by putting things on their mouth. Most children will stop exploring by putting things in their mouth between 15 to 18 months old. It should not be discouraged during those ages, as it is important for their development. Encourage parents to offer safe and clean toys they can play and put in their mouth.

- Developmental milestones should be adjusted for premature babies until what age?

Yes. Developmental milestones should be adjusted until the age of 2 years. Most premature children will catch up on their development by the age of 2.

- Thank you very much! This was very comprehensive! I'm glad you will be allowing us to get a copy of the slides -- they will be a wonderful resource!

My Pleasure. Thanks for participating.

- When they screaming/ crying (behavior) if parents yelling or shouting ... How they effective their development?

"Imitation" is one of the ways children learn. If parents discipline by screaming - children will learn to deal with conflict by screaming as well.